

Worksheet

A Shelter so High

Very short answer questions

I. Choose the correct answer to fill in the blanks. 5000, Changthang, arches, Lekha, goats, sheep, Pashmina, 00 C, Khatamband, 250, dab, Shikara, Rebo, houseboat, 70, roof, Changthang, Ladakh,

- a) _____, a cold desert, gets very little rainfall.**
- b) The _____ is the most important part of the people of Leh.**
- c) Changpas have special goats from which the famous _____ wool is made.**
- d) _____ is at a height of almost 5000 metres.**
- e) Changpa tribe has only _____ people.**
- f) _____ and _____ are Changpas only treasure.**
- g) Donga is a type of _____ found in Srinagar.**
- h) In Changthang temperature drops below _____.**
- i) _____ means a place where a few people live.**
- j) The beautiful design on wood that can be seen on the ceilings of the houseboats is called _____ which has a pattern that looks like a jigsaw puzzle.**
- k) The special type of windows that comes out of the wall is called _____.**
- l) The door and windows of old houses have beautiful _____.**
- m) The beautiful and well decorated boats on the Dal Lake are called _____.**
- n) One Pashmina shawl is made after almost _____ hours of weaving.**
- o) The wind blows at _____ km per hour at Changthang in winter.**
- p) The tent made of Yak hair in which Changpas live is called a _____.**
- q) The place where Changpas keep their sheep and goats is called a _____.**

Ans.

- a) Ladakh
- b) Goats
- c) Pashmina
- d) Changthang
- e) 5000
- f) Sheep and goats
- g) Houseboat
- h) Zero degree
- i) Changthang
- j) Khatamband
- k) Dab
- l) Arches
- m) Donga
- n) 250
- o) 70
- p) Rebo
- q) Lekha

II. Tick (✓) the correct answer.

a) In which direction does one have to travel while going from Mumbai to Leh?

i) East ()

ii) West ()

iii) North ()

iv) South ()

b) It is difficult to breathe at high places. Why?

i) The body stops working properly at such heights. ()

ii) Air is thin and at low pressure. ()

iii) Due to cold, air freezes. ()

iv) Nose has to work harder to breathe in air. ()

Ans.

a) In which direction does one have to travel while going from Mumbai to Leh?

iii) North

b) It is difficult to breathe at high places. Why?

III. 1 Mark questions. (Short answer questions)

- a) What is the meaning of the word “Changthang?”
- b) Why does each family of Changpas put a special mark on their animals?
- c) What is a Lekha?
- d) Name two places that are famous for boathouses?

Ans.

- a) In the language of the Changpa ‘changthang’ means a place where very few people live.
- b) Because for the Changpas their animals are a very important part of their life.
- c) There was a place to keep sheep and goats. Changpas call this Lekha.
- d) 1. The Shelter Group of Houseboats, Srinagar
- e) 2. Heaven Breeze Group of HouseBoats, Srinagar

IV. Identify the things in the pictures and name them.

- i) Many families in Srinagar live in these boats. These boats can be seen in Dal Lake and Jhelum River.

Ans: _____.



- ii) Beautiful carvings on wood that can be seen on the ceiling of houseboats and some big houses.

Ans: _____.



iii) Some old houses have a special type of window which comes out of the wall.

Ans: _____.



iv) The doors and windows of old houses in Srinagar have beautiful arches.

Ans: _____.



v) The well decorated and beautiful boats on the Dal Lake.

Ans: _____.



Ans.

- I. Donga
- II. Khatamband
- III. Dab
- IV. Mehraab
- V. Shikara

IV. 2 Mark questions. (Long answer questions)

a) How far is Mumbai from Delhi? Which states does one have to pass during this journey by road?

- b) How are the houses in Mumbai different from Manali?**
- c) Why is Ladakh called a cold desert?**
- d) During winter, Tashi and his family live on the ground floor. Why would they be doing so?**
- e) Why do people in Leh eat dry fruits and vegetables in winter?**
- f) Why did Tahsi say “Roof is the most important part of their houses?”**
- g) Why is it difficult to breathe at Changthang?**
- h) What is a Rebo?**



- i) Describe the houses of Leh?**



- j) Why does weaving of a Pashmina shawl take so much time?**



- k) Why are goats and sheep considered as only treasure of the Changpas?**



- l) Why do the Changpas graze their goats at higher and colder places?**
- m) Why do the houses on the mountains have sloping roofs?**

Ans.

1. Mumbai is 1400km away from Delhi. The states through which one would pass through while travelling from Mumbai to Kashmir are: Maharashtra, Gujarat, Rajasthan, Punjab, Haryana, Himachal Pradesh and Jammu and Kashmir.

2. (i) Houses made up of wood, which are found in hilly areas.

(ii) Houses made up of wood, which are found in hilly areas.

(iii) Houses made up of cement, bricks, glass etc. that are found in cities.

3. Due to the high altitude, it is freezing cold and dry in Ladakh. The air is so thin that the sun's heat can be felt intensely. In summers the temperature during the day is just above zero degrees and the night temperature is much below -30 degree. In winters the temperature remains as low as -40 degrees most of the time. The rainfall in this region is low. It is as low as 10 cm annually. This is because it lies in the rain shadow of the Himalayas.

4. As there were no windows on the ground floor; hence, the ground floor was protected from the cold winds. Thus, in order to protect them from the icy cold winds of the winter season, they live on the ground floor.

5. People in leg eat dry fruits and vegetables because dry fruits and vegetables provide us heat.

6. This roof is used for drying clothes preparing potato chips, papad badis, aam papad etc. It is also used for sleeping in summers, getting sunlight in winters.

7. At high attitudes, that is, as we go up the mountains, the level of oxygen in the air becomes less. As a result the breathing becoming more difficult and one has to rapidly draw more oxygen with force.

8. Rebo is a big tent (shelter) which protects changpas (nomadic people residing in Ladakh and Jammu and kashmir) from extreme cold environment.

9. Houses can be made up of many things. For example, brick, wood, cement, stone,etc. Domestic houses are commonly built of kiln-fired clay bricks, bonded with mortar, and built on a bed of concrete. The roof is a framework of timber trusses, covered by natural slates, lighter weight composite slates, or tiles.

10. The fine hair cannot be woven on machines and so weavers of Kashmir make these shawls by hand. This is a long and difficult process. After almost 250 hours of weaving, one plain pashmina shawl is made.

11. Their goats are their only treasure. If a family has more animals it is considered more rich and important. From these special goats they get wool for making the world famous pashmina wool.

12. The Changpa graze their goats at higher and colder places so that the goats have more and softer hair (fur). They stay high up on these mountains in very difficult conditions because that is where these goats can live. This is their life and their livelihood.

13. Sloping roofs are standard on all houses because water drains on a sloping roof better than it does on a flat roof. This is especially true in areas of snow where it would accumulate to the point that the weight of the snow could collapse the roof.