

निश्चित समाकलन

[DEFINITE INTEGRAL]

दीर्घ उत्तरीय प्रश्न-II

प्रश्न 1. समाकलन $\int_2^3 x^5 dx$ का मान ज्ञात कीजिए।

(म.प्र. 2022)

हल :

$$I = \int_2^3 x^5 dx$$

$$\int x^n dx = \frac{x^{n+1}}{n+1} = \left[\frac{x^6}{6} \right]_2^3$$

$$= \frac{1}{6} [x^6]_2^3 = \frac{1}{6} [3^6 - 2^6] = \frac{1}{6} [729 - 64] = \frac{665}{6}$$

उत्तर

प्रश्न 2. सिद्ध कीजिए कि

$$\int_{\pi/6}^{\pi/3} \frac{dx}{1 + \sqrt{\tan x}} = \frac{\pi}{12}$$

(NCERT)

हल : माना

$$I = \int_{\pi/6}^{\pi/3} \frac{dx}{1 + \sqrt{\tan x}} = \int_{\pi/6}^{\pi/3} \frac{dx}{1 + \frac{\sqrt{\sin x}}{\sqrt{\cos x}}}$$

$$= \int_{\pi/6}^{\pi/3} \frac{\sqrt{\cos x}}{\sqrt{\sin x} + \sqrt{\cos x}} dx$$

...(1)

उत्तर:

$$I = \int_{\pi/6}^{\pi/3} \frac{\sqrt{\cos\left(\frac{\pi}{6} + \frac{\pi}{3} - x\right)}}{\sqrt{\sin\left(\frac{\pi}{6} + \frac{\pi}{3} - x\right)} + \sqrt{\cos\left(\frac{\pi}{6} + \frac{\pi}{3} - x\right)}} dx,$$

[प्रमाण $\int_a^b f(x) dx = \int_a^b f(a+b-x) dx$ से]

$$\Rightarrow I = \int_{\pi/6}^{\pi/3} \frac{\sqrt{\cos\left(\frac{\pi}{2} - x\right)}}{\sqrt{\sin\left(\frac{\pi}{2} - x\right)} + \sqrt{\cos\left(\frac{\pi}{2} - x\right)}} dx$$

$$\Rightarrow I = \int_{\pi/6}^{\pi/3} \frac{\sqrt{\sin x}}{\sqrt{\sin x} + \sqrt{\cos x}} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$I + I = \int_{\pi/6}^{\pi/3} \frac{\sqrt{\sin x} + \sqrt{\cos x}}{\sqrt{\sin x} + \sqrt{\cos x}} dx$$

$$\Rightarrow 2I = \int_{\pi/6}^{\pi/3} 1 dx$$

$$= [x]_{\pi/6}^{\pi/3} = \frac{\pi}{3} - \frac{\pi}{6} = \frac{\pi}{6}$$

$$\therefore I = \frac{\pi}{12}.$$

यही सिद्ध करना था।

प्रश्न 3. मान ज्ञात करो—

$$\int_{-1}^1 \sin^5 x \cos^4 x dx.$$

(म.प्र. 2023)

हल : $f(x) = \sin^5 x \cos^4 x$

$$f(-x) = -\sin^5 x \cos^4 x$$

$$\therefore f(x) = -f(-x)$$

$$\therefore \int_{-1}^1 \sin^5 x \cos^4 x dx = 0, \text{ (क्योंकि } f(x) \text{ एक विषम फलन है।)}$$

उत्तर

प्रश्न 4. सिद्ध कीजिए— $\int_0^{\pi/2} \frac{\sqrt{\sin x}}{\sqrt{\cos x} + \sqrt{\sin x}} dx = \frac{\pi}{4}.$

(म.प्र. 2022)

हल : $I = \int_0^{\pi/2} \frac{\sqrt{\sin x}}{\sqrt{\cos x} + \sqrt{\sin x}} dx \quad \dots(1)$

$$\Rightarrow I = \int_0^{\pi/2} \frac{\sqrt{\sin(\pi/2 - x)}}{\sqrt{\cos(\pi/2 - x)} + \sqrt{\sin(\pi/2 - x)}} dx$$

$$\Rightarrow I = \int_0^{\pi/2} \frac{\sqrt{\cos x}}{\sqrt{\sin x + \sqrt{\cos x}}} dx \quad \dots(2)$$

समी. (1) व (2) को जोड़ने पर,

$$2I = \int_0^{\pi/2} \frac{\sqrt{\sin x} + \sqrt{\cos x}}{\sqrt{\sin x + \sqrt{\cos x}}} dx$$

$$\Rightarrow 2I = \int_0^{\pi/2} dx = [x]_0^{\pi/2} = \frac{\pi}{2} - 0$$

$$\Rightarrow I = \frac{\pi}{4}$$

यही सिद्ध करना था।

प्रश्न 5. $\int_0^{\pi/2} \frac{\sin^4 x}{\sin^4 x + \cos^4 x} dx$ का मान ज्ञात कीजिए।

(म.प्र. 2020)

हल : मान लीजिए कि $I = \int_0^{\pi/2} \frac{\sin^4 x}{\sin^4 x + \cos^4 x} dx \quad \dots(1)$

$$I = \int_0^{\pi/2} \frac{\sin^4 \left(\frac{\pi}{2} - x \right)}{\sin^4 \left(\frac{\pi}{2} - x \right) + \cos^4 \left(\frac{\pi}{2} - x \right)} dx$$

$$I = \int_0^{\pi/2} \frac{\cos^4 x}{\cos^4 x + \sin^4 x} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$I + I = \int_0^{\pi/2} \frac{\sin^4 x}{\sin^4 x + \cos^4 x} dx + \int_0^{\pi/2} \frac{\cos^4 x}{\cos^4 x + \sin^4 x} dx$$

$$2I = \int_0^{\pi/2} \frac{\sin^4 x + \cos^4 x}{\sin^4 x + \cos^4 x} dx$$

$$2I = \int_0^{\pi/2} 1 dx$$

$$2I = [x]_0^{\pi/2}$$

$$2I = \frac{\pi}{2} - 0$$

$$I = \frac{\pi}{4}$$

उत्तर

प्रश्न 6. मान ज्ञात करो—

$$\int_{-1}^2 |x^3 - x| dx.$$

(म.प्र. 2023)

हल : $\int_{-1}^2 |x^3 - x| dx = \int_{-1}^0 (x^3 - x) dx - \int_0^1 (x^3 - x) dx + \int_1^2 (x^3 - x) dx$

$$= \left[\left(\frac{x^4}{4} - \frac{x^2}{2} \right) \right]_{-1}^0 - \left[\left(\frac{x^4}{4} - \frac{x^2}{2} \right) \right]_0^1 + \left[\frac{x^4}{4} - \frac{x^2}{2} \right]_1^2$$

$$\begin{aligned}
 &= -\frac{1}{4} - \left[\frac{-1}{2} \right] - \frac{1}{4} + \frac{1}{2} + (4-2) - \left(\frac{1}{4} - \frac{1}{2} \right) \\
 &= -\frac{1}{4} + \frac{1}{2} - \frac{1}{4} + \frac{1}{2} + 2 - \frac{1}{4} + \frac{1}{2} \\
 &= \frac{11}{4}
 \end{aligned}$$

प्रश्न 7. सिद्ध कीजिए—

$$\int_0^{\frac{\pi}{2}} \frac{\sqrt{\tan x}}{1 + \sqrt{\tan x}} dx = \frac{\pi}{4}$$

हल : माना

$$I = \int_0^{\frac{\pi}{2}} \frac{\sqrt{\tan x}}{1 + \sqrt{\tan x}} dx \quad \dots(1)$$

$$= \int_0^{\frac{\pi}{2}} \frac{\sqrt{\tan\left(\frac{\pi}{2} - x\right)}}{1 + \sqrt{\tan\left(\frac{\pi}{2} - x\right)}} dx = \int_0^{\frac{\pi}{2}} \frac{\sqrt{\cot x}}{1 + \sqrt{\cot x}} dx$$

$$= \int_0^{\frac{\pi}{2}} \frac{1}{\frac{1 + \sqrt{\tan x}}{\sqrt{\tan x}}} dx = \int_0^{\frac{\pi}{2}} \frac{1}{\sqrt{\tan x}} \times \frac{\sqrt{\tan x}}{\sqrt{\tan x} + 1} dx$$

$$I = \int_0^{\frac{\pi}{2}} \frac{1}{1 + \sqrt{\tan x}} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$I + I = \int_0^{\frac{\pi}{2}} \left[\frac{\sqrt{\tan x}}{1 + \sqrt{\tan x}} + \frac{1}{1 + \sqrt{\tan x}} \right] dx$$

$$2I = \int_0^{\frac{\pi}{2}} \frac{\sqrt{\tan x} + 1}{1 + \sqrt{\tan x}} dx \Rightarrow 2I = \int_0^{\frac{\pi}{2}} 1 dx = [x]_0^{\frac{\pi}{2}}$$

$$\Rightarrow 2I = \left[\frac{\pi}{2} - 0 \right] \Rightarrow I = \frac{\pi}{4}$$

यही सिद्ध करना था।

प्रश्न 8. सिद्ध कीजिए कि

$$\int_0^{\frac{\pi}{4}} \log_e(1 + \tan x) dx = \frac{\pi}{8} \log_e 2$$

हल : माना

$$I = \int_0^{\frac{\pi}{4}} \log_e(1 + \tan x) dx$$

$$\begin{aligned}
&= \int_0^{\frac{\pi}{4}} \log_e \left[1 + \tan \left(\frac{\pi}{4} - x \right) \right] dx \\
&= \int_0^{\frac{\pi}{4}} \log_e \left[1 + \frac{\tan \frac{\pi}{4} - \tan x}{1 + \tan \frac{\pi}{4} \cdot \tan x} \right] dx = \int_0^{\frac{\pi}{4}} \log_e \left[1 + \frac{1 - \tan x}{1 + \tan x} \right] dx \\
&= \int_0^{\frac{\pi}{4}} \log_e \left[\frac{1 + \tan x + 1 - \tan x}{1 + \tan x} \right] dx = \int_0^{\frac{\pi}{4}} \log_e \left[\frac{2}{1 + \tan x} \right] dx \\
&= \int_0^{\frac{\pi}{4}} \log 2 \, dx - \int_0^{\frac{\pi}{4}} \log(1 + \tan x) \, dx
\end{aligned}$$

$$\therefore I = \log_e 2 \int_0^{\frac{\pi}{4}} dx - I$$

$$\Rightarrow 2I = \log_e 2 \left[x \right]_0^{\frac{\pi}{4}} = \log_e 2 \left(\frac{\pi}{4} \right)$$

$$\therefore I = \frac{\pi}{8} \log_e 2.$$

यही सिद्ध करना था।

प्रश्न 9. $\int_0^{\pi} \frac{x}{1 + \sin x} dx$ का मान ज्ञात कीजिए।

$$\text{हल : माना } I = \int_0^{\pi} \frac{x}{1 + \sin x} dx \quad \dots(1)$$

$$\Rightarrow I = \int_0^{\pi} \frac{(\pi - x)}{1 + \sin(\pi - x)} dx$$

$$\Rightarrow I = \int_0^{\pi} \frac{\pi - x}{1 + \sin x} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$\begin{aligned}
2I &= \int_0^{\pi} \frac{x + \pi - x}{1 + \sin x} dx = \pi \int_0^{\pi} \frac{dx}{1 + \sin x} \\
&= \pi \int_0^{\pi} \frac{1 - \sin x}{(1 + \sin x)(1 - \sin x)} dx = \pi \int_0^{\pi} \frac{1 - \sin x}{1 - \sin^2 x} dx \\
&= \pi \int_0^{\pi} \frac{1 - \sin x}{\cos^2 x} dx = \pi \int_0^{\pi} \frac{1}{\cos^2 x} dx - \pi \int_0^{\pi} \frac{\sin x}{\cos^2 x} dx \\
&= \pi \int_0^{\pi} \sec^2 x \, dx - \pi \int_0^{\pi} \sec x \tan x \, dx = \pi [\tan x - \sec x]_0^{\pi} \\
&= \pi [0 - (-1) - 0 + 1] = 2\pi
\end{aligned}$$

$$\therefore I = \pi.$$

उत्तर

प्रश्न 10. $\int_0^\pi \frac{dx}{5+4\cos x}$ का मान ज्ञात कीजिए।

हल : माना

$$I = \int_0^\pi \frac{dx}{5+4\cos x}$$

$$= \int_0^\pi \frac{dx}{5\left(\cos^2 \frac{x}{2} + \sin^2 \frac{x}{2}\right) + 4\left(\cos^2 \frac{x}{2} - \sin^2 \frac{x}{2}\right)}$$

$$= \int_0^\pi \frac{dx}{9\cos^2 \frac{x}{2} + \sin^2 \frac{x}{2}} = \int_0^\pi \frac{\sec^2 \frac{x}{2}}{9 + \tan^2 \frac{x}{2}} dx$$

माना $\tan \frac{x}{2} = t,$

$$\therefore \frac{1}{2} \sec^2 \frac{x}{2} dx = dt$$

जब $x=0$, तब $t = \tan 0 = 0$

तथा जब $x=\pi$, तब $t = \tan \frac{\pi}{2} = \infty$

$$\therefore I = 2 \int_0^\infty \frac{dt}{9+t^2} = \frac{2}{3} \left[\tan^{-1} \frac{t}{3} \right]_0^\infty = \frac{2}{3} [\tan^{-1} \infty - \tan^{-1} 0]$$

$$= \frac{2}{3} \left(\frac{\pi}{2} - 0 \right) = \frac{\pi}{3}$$

उत्तर

प्रश्न 11. मान ज्ञात करो—

$$\int_0^{\pi/2} \frac{\cos^5 x}{\sin^5 x + \cos^5 x} dx.$$

(म.प्र. 2023)

हल : माना

$$I = \int_0^{\pi/2} \frac{\cos^5 x}{\sin^5 x + \cos^5 x} dx \quad \dots(1)$$

$$\Rightarrow I = \int_0^{\pi/2} \frac{\cos^5 \left(\frac{\pi}{2} - x \right)}{\sin^5 \left(\frac{\pi}{2} - x \right) + \cos^5 \left(\frac{\pi}{2} - x \right)} dx$$

$$\Rightarrow I = \int_0^{\pi/2} \frac{\sin^5 x}{\cos^5 x + \sin^5 x} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$2I = \int_0^{\pi/2} \frac{\sin^5 x + \cos^5 x}{\sin^5 x + \cos^5 x} dx$$

$$2I = \int_0^{\pi/2} dx$$

$$2I = [x]_0^{\pi/2}$$

$$2I = \frac{\pi}{2}$$

$$I = \frac{\pi}{4}$$

उत्तर

प्रश्न 12. सिद्ध कीजिए—

$$\int_0^{\pi/2} \log_e \sin x \, dx = -\frac{\pi}{2} \log_e 2.$$

हल : माना

$$I = \int_0^{\pi/2} \log_e \sin x \, dx \quad \dots(1)$$

\Rightarrow

$$I = \int_0^{\pi/2} \log \sin \left(\frac{\pi}{2} - x \right) dx$$

\Rightarrow

$$I = \int_0^{\pi/2} \log \cos x \, dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$2I = \int_0^{\pi/2} (\log \sin x + \log \cos x) \, dx$$

$$= \int_0^{\pi/2} \log \sin x \cos x \, dx = \int_0^{\pi/2} \log \frac{2 \sin x \cos x}{2} \, dx$$

$$= \int_0^{\pi/2} (\log \sin 2x - \log 2) \, dx$$

$$= \int_0^{\pi/2} \log \sin 2x \, dx - \int_0^{\pi/2} \log 2 \, dx$$

$$= \int_0^{\pi} \log \sin t \frac{dt}{2} - \log 2 \int_0^{\pi/2} dx, \quad [2x = t \Rightarrow 2dx = dt]$$

जब $x=0$ तब $t=0$, जब $x=\frac{\pi}{2}$ तब $t=\pi$

$$= 2 \cdot \frac{1}{2} \int_0^{\pi} \log \sin t \, dt - \log 2 [x]_0^{\pi/2} = \int_0^{\pi} \log \sin t \, dt - \log 2 \cdot \frac{\pi}{2}$$

$$= I - \frac{\pi}{2} \log 2$$

\Rightarrow

$$I = -\frac{\pi}{2} \log 2.$$

यही सिद्ध करना था।

प्रश्न 13. सिद्ध कीजिए कि—

$$\int_0^{\frac{\pi}{2}} (2 \log \sin x - \log \sin 2x) \, dx = -\frac{\pi}{2} \log 2.$$

(NCERT)

हल : माना

$$\begin{aligned} I &= \int_0^{\frac{\pi}{2}} (2 \log \sin x - \log \sin 2x) dx \\ &= \int_0^{\frac{\pi}{2}} [2 \log \sin x - \log(2 \sin x \cos x)] dx \\ &= \int_0^{\frac{\pi}{2}} [2 \log \sin x - \log 2 - \log \sin x - \log \cos x] dx \\ &= \int_0^{\frac{\pi}{2}} [\log \sin x - \log 2 - \log \cos x] dx \\ &= \int_0^{\frac{\pi}{2}} \log \sin x dx - \int_0^{\frac{\pi}{2}} \log 2 dx - \int_0^{\frac{\pi}{2}} \log \cos x dx \\ &= \int_0^{\frac{\pi}{2}} \log \sin x dx - \log 2 \int_0^{\frac{\pi}{2}} 1 dx - \int_0^{\frac{\pi}{2}} \log \cos \left(\frac{\pi}{2} - x \right) dx \\ &= \int_0^{\frac{\pi}{2}} \log \sin x dx - \log 2 [x]_0^{\frac{\pi}{2}} - \int_0^{\frac{\pi}{2}} \log \sin x dx \\ &= -\log 2 \left[\frac{\pi}{2} - 0 \right] \end{aligned}$$

\Rightarrow

$$I = -\frac{\pi}{2} \log 2.$$

यही सिद्ध करना था।

प्रश्न 14. $\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx$ का मान ज्ञात कीजिए।

(म.प्र. 2023; NCERT)

हल : माना

$$I = \int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx \quad \dots(1)$$

\Rightarrow

$$I = \int_0^{\pi} \frac{(\pi - x) \sin(\pi - x)}{1 + \cos^2(\pi - x)} dx, \quad \left[\because \int_0^a f(x) dx = \int_0^a f(a-x) dx \right]$$

\Rightarrow

$$I = \int_0^{\pi} \frac{(\pi - x) \sin x}{1 + \cos^2 x} dx \quad \dots(2)$$

समी. (1) और (2) को जोड़ने पर,

$$I + I = \int_0^{\pi} \left[\frac{x \sin x}{1 + \cos^2 x} + \frac{(\pi - x) \sin x}{1 + \cos^2 x} \right] dx$$

\Rightarrow

$$2I = \int_0^{\pi} \frac{x \sin x + \pi \sin x - x \sin x}{1 + \cos^2 x} dx = \int_0^{\pi} \frac{\pi \sin x}{1 + \cos^2 x} dx$$

माना $\cos x = t$, तब $-\sin x dx = dt$

जब $x = 0$, तब $t = 1$ तथा जब $x = \pi$, तब $t = -1$

\therefore

$$2I = -\int_1^{-1} \frac{\pi dt}{1+t^2} = \pi \int_{-1}^1 \frac{dt}{1+t^2} = \pi \left[\tan^{-1} t \right]_{-1}^1$$

$$= \pi \left[\tan^{-1} 1 - \tan^{-1}(-1) \right] = \pi \left[\frac{\pi}{4} + \frac{\pi}{4} \right] = \pi \times \frac{2\pi}{4}$$

\Rightarrow

$$I = \frac{\pi^2}{2}.$$

उत्तर

प्रश्न 15. $\int_0^{\pi/4} \frac{\sin x + \cos x}{16 + 9 \sin 2x} dx$ का मान ज्ञात कीजिए।

(NCERT; CBSE 2018)

हल : माना

$$I = \int_0^{\pi/4} \frac{\sin x + \cos x}{16 + 9 \sin 2x} dx$$

$$= \int_0^{\pi/4} \frac{\sin x + \cos x}{16 + 9[1 - (1 - \sin 2x)]} dx$$

$$= \int_0^{\pi/4} \frac{\sin x + \cos x}{16 + 9[1 - (\cos^2 x + \sin^2 x - 2 \sin x \cos x)]} dx$$

$$= \int_0^{\pi/4} \frac{\sin x + \cos x}{16 + 9[1 - (\sin x - \cos x)^2]} dx$$

[$\sin x - \cos x = t$ रखने पर, $(\cos x + \sin x)dx = dt$

$$x = 0, t = -1; x = \frac{\pi}{4}, t = 0]$$

$$= \int_{-1}^0 \frac{dt}{16 + 9(1 - t^2)} = \int_{-1}^0 \frac{dt}{16 + 9 - 9t^2} = \int_{-1}^0 \frac{dt}{25 - 9t^2}$$

$$= \int_{-1}^0 \frac{dt}{9\left(\frac{25}{9} - t^2\right)} = \frac{1}{9} \int_{-1}^0 \frac{dt}{\left(\frac{5}{3}\right)^2 - t^2}$$

$$= \frac{1}{9} \cdot \frac{1}{2 \cdot \frac{5}{3}} \left[\log \left(\frac{\frac{5}{3} + t}{\frac{5}{3} - t} \right) \right]_{-1}^0$$

$$= \frac{1}{30} \left[\log \frac{5/3}{5/3} - \log \frac{2/3}{8/3} \right]$$

$$= \frac{1}{30} \left[\log 1 - \log \frac{1}{4} \right]$$

$$\therefore I = -\frac{1}{30} \log \frac{1}{4} = \frac{1}{30} \log 4.$$

उत्तर

प्रश्न 16. $\int_0^1 \frac{\tan^{-1} x}{1+x^2} dx$ का मान ज्ञात कीजिए।

(म. प्र. 2019)

हल : माना

$$I = \int_0^1 \frac{\tan^{-1} x}{1+x^2} dx$$

$\tan^{-1} x = t$ रखने पर,

$$\frac{d}{dx} \tan^{-1} x = \frac{dt}{dx} \Rightarrow \left(\frac{1}{1+x^2} \right) dx = dt$$

जब $x=0$, तब $t = \tan^{-1} 0 = 0$

तथा जब $x=1$, तब $t = \tan^{-1} 1 = \frac{\pi}{4}$

$$\therefore I = \int_0^{\pi/4} t dt = \left[\frac{t^2}{2} \right]_0^{\pi/4} = \frac{1}{2} \times \frac{\pi^2}{16}$$

$$I = \frac{\pi^2}{32}$$

उत्तर