

## Lesson - VIII

### RHYME TIME

Follow the steps to teach the rhyme to your pupils.

**Step I** : Say the entire rhyme aloud line by line with action. Ask your pupils to listen to you.

**Step II** : Say the rhyme aloud line by line with action. Ask the pupils to listen to each line and repeat it in chorus with action. Let the entire rhyme be practised in this way three times.

**Step III**: Say one line and tell your pupils to say the next line in chorus. Let the entire rhyme be practised in this way two times. Then ask the pupils to say your lines and you say their lines.

**Step IV** : Divide the class into two groups : Group A and Group B. Ask Group A to say one line and Group B, the next line. Let them say the entire rhyme in this way two times. Then ask Group B to begin the first line and Group A to say the next line. Let them practise the entire rhyme in this way two times.

**Step V** : Ask the pupils to say the entire rhyme in chorus without your help.

Hop a little,

Jump a little,



**One, two, three.**



**Run a little,**



**Skip a little,**



**Touch one knee.**



Bend a little,



Stretch a little,



Close your eyes.



Clap a little,





Laugh a little,



Tap your thighs.



Follow the steps for the activities given below :

- Say the expressions with action.
- Ask your pupils to act out while you say these expressions serially.
- Say these expressions (not serially) and ask the pupils to act them out.

#### Activity - 1

Hop a little.

Jump a little.

Skip a little.

Stop.

#### Activity - 2

Stretch your hands.

Close your eyes.

Bend your head.

Put your hands down.

Stand up straight.



### Activity - 3

Wash your hands.  
Wash your face.  
Brush your teeth.  
Comb your hair.  
See your face in the mirror.

### Activity - 4

Stand up.  
Tap your chin.  
Touch your nose.  
Nod your head.  
Clap your hands.      Sit down.

