

## For XAT, CMAT, SNAP, MAT, IIFT Exam

### IMPORTANT DAYS/WEEKS

National/ International day	Date	Theme
Global Family Day	January 1	One day of Peace
World Braille Day	January 4	-
Pravasi Bharatiya Diwas	January 9	-
World Hindi Day	January 10	-
National Youth Day	January 12	'It's all in the mind.
Indian Army Day	January 15	In stride with the future
National Startup Day	January 16	-
Parakram Diwas	January 23	-
National Girl Child Day	January 24	-
National Voter Day	January 25	Making Elections Inclusive, Accessible and Participative
National Tourism Day	January 25	Rural and Community Centric Tourism
International Customs Day	January 26	Scaling up Customs Digital Transformation by Embracing a Data Culture and Building a Data Ecosystem
Republic Day	January 26	-
Martyrs Day or Sarvodaya Diwas	January 30	-

World Leprosy Day	January 30	United for Dignity (2023: Act Now, End Leprosy)
Indian Coast Guard Day	February 1	-
World Wetlands Day	February 2	-
World Cancer Day	February 4	Close the Care Gap
Safer Internet Day	February 8 (2023 : Feb. 7)	'Together for a Better Internet' (2023 : "All fun and games. Exploring respect and relationships online."
National Productivity Day	February 12	Self reliance through productivity (2023: "A chance to set goals.")
Rose Day	February 12	-
World Radio Day, National Women's Day	February 13	(2023: "Radio and Peace")
Valentine's Day and Pulwama Martyr's Day	February 14	-
World Social Justice Day	February 20	-(2023 : Overcoming Barriers and Unleashing Opportunities for Social Justice."

International Mother Language Day	February 21	Using Technology for Multilingual Education: Challenges and Opportunities (2023: "Multilingual Education : a necessity to transform")
Central Excise Day	February 24	-
National Science Day	February 28	Integrated Approach in Science and Technology for a Sustainable Future (2023: "Global Science for Global Wellbeing")
Zero Discrimination Day / World Civil Defense Day	March 1	-2023: "Save lives : Decriminalize"
World Wildlife Day	March 3	Recovering key species for ecosystem restoration (2023: "Partnrships for wildlife conservation)
National Security Day	March 4	Nurture Young Minds : Develop Safety Culture
International Women's Day	March 8	Gender Equality today for a Sustainable Tomorrow (2023: Digit All : Innovation and technology for gender equality")
World Kidney Day 2023 <b>Note:</b> Celebrated on the second Thursday of March.	March 9	Kidney health for all

Commonwealth Day 2023	March 13	Forging a sustainable and peaceful common future
World Consumer Rights Day	March 15	Fair Digital Finance (2023: Empowering consumers through clean energy transitions.")
National Immunization Day	March 16	-
Ordnance Factory Day	March 18	-
International Sparrow Day	March 20	-
International Happiness Day	March 20	-
World Forestry Day	March 21	Forest and Sustainable Production and Consumption (2023: "Forests and Health.")
World Water Day	March 22	Ground Water: Making the Invisible Visible
World Meteorological Day	March 23	Early Warning and Early Action (2023: "The future of weather, climate and water across generations.")
World Tuberculosis Day	March 24	Invest in ending TB! save a life ! (2023: "Yes we can end TB!")
International Mines Day	April 4	(2023: Mine Action cannot wait.")
National Maritime Day	April 5	(2023: Amrit kaal in shipping)
International Sports Day	April 6	-



World Health Day	April 7	Our Planet, Our Health (2023: "Health for all.")
World Homeopathy Day	April 10	People's choice for Wellness (2023: One Health, One Family.)
Babasaheb Ambedkar Jayanti (Equality Day)	April 14	
World Hemophilia Day	April 17	2023 : Access for all : Prevention of Bleeds as the Global Standard of Care.
World Heritage Day	April 18	Heritage and Climate (2023: Heritage changes)
World Liver Day	April 19	2023: Be vigilant, do a regular liver check-up. Fatty liver can affect anyone.
Civil Service Day	April 21	-
World Earth Day	April 22	Invest in our Planet
World Book Day	April 23	-
National Panchyati Raj Day	April 24	-2023: Panchayatn ke Sankalpon ki Siddhi ka Utsav
World Malaria Day	April 25	-
World Intellectual Property Day	April 26	-
Ayushman Bharat Day	April 30	-
World Veterinary Day	April 29	-
<b>Note : Celebrated on the last Saturday of April</b>		
World Laughter Day 2023	May 7	-
<b>Note: This day is celebrated every year on the first Sunday of May.</b>		

International Workers' Day	May 1	-
World Press Freedom Day	May 3	Journalism under digital siege
World Asthma Day 2023	May 2	Asthma care for all.
<b>Note: Celebrated on the first Tuesday of May.</b>		
World Athletics Day	May 7	-
World Red Cross Day	May 8	Be Human kind
National Technology Day	May 11	An integrated Approach to Science and Technology for a Sustainable Future
International Nurse Day	May 12	2023: Our Nurses Our Future
World Migratory Bird Day 2023	May 13 or 14 October	Light Pollution' (2023: Water sustaining bird life)
<b>Note: Celebrated on the second Saturday of May and October.</b>		
World Family Day	May 15	Family and Urbanization
International Museum Day	May 18	The power of the Museums (2023: "Museums, sustainability and well being.")
World Telecom Day	May 17	-
World Bee Day	May 20	-
International Anti -Terrorism Day	May 21	-
International Biodiversity Day	May 22	-
World Turtle Day	May 23	Shellebrate
World Thyroid Day	May 25	"It's not you. It's your thyroid."
Science Day (in Switzerland)	May 26	-
<b>Note: In honour of Dr. APJ Abdul Kalam.</b>		

Mount Everest Day	May 29	-
World Tobacco Prohibition Day	May 31	Protect the Environment (2023: We need food, not to baceo)
World Milk Day/ International Children's Defense Day	June 1	-
World Environment Day	June 5	Only one earth
World Food Safety Day	June 7	Safe food, better health (2023: "Food standards save lives.")
World Brain Tumor Day	June 8	-
International Records Day	June 9	-
World Day Against Child Labor	June 12	-
World Blood Donor Day	June 14	Blood donation is an act of solidarity. Join the effort and save lives.
International Picnic Day	June 18	-
World Refugee Day/World Harmony Day	June 20	-
International Yoga Day/World Music Day	June 21	Yoga for Humanity
Olympic Day / Nation Public Service Day	June 23	-
International Day against Drug Abuse and illicit Trafficking	June 26	-
National Statistics Day	June 29	Data for Sustainable Development
International Parliamentary Day	June 30	-

National Doctor's Day / National C.A. Day / SBI Foundation Day / GST Day	July 1	-
World Sports Journalist Day	July 2	-
US Independence Day	July 4	-
World Zoonoses Day	July 6	-
National Students Day	July 9	-
World Population Day	July 11	A World of 8 Billion: Towards a resilient future for all. Harnessing opportunities and ensuring rights and choices for all.
Youth Skills Day	July 15	-
World Day for International Justice	July 17	-
International Nelson Mandela Day	July 18	-
International Chess Day	July 20	-
Parents' Day 2023 Note: Celebrated on the fourth Sunday of July.	July 23	-
Kargil Victory Diwas	July 26	-
World Hepatitis Day	July 28	Bringing hepatitis care closer to you.
World Nature Conservation Day	July 28	-
World Tiger Day	July 29	India launched Project Tiger to increase the tiger population.
International Friendship Day	July 30	-



World Breastfeeding Day	August 1	Take steps to educate and support breastfeeding
National Friendship Day 2023	August 6	-
<b>Note: National Friendship Day occurs every year on the first Sunday of August.</b>		
Hiroshima Day	August 6	-
National Javelin throw day/ National Handloom Day	August 7	-
World Tribal Day	August 9	-
World Lion Day/ World Bio Fuel Day	August 10	-
International Youth Day / World Elephant Day	August 12	-
World Organ Donation Day	August 13	-
Vibhisika Diwas	August 14	-
Independence Day	August 15	Har Tiranga Ghar
Khela Hobe Diwas (Khela Hobe means: The Game is on)	August 16	-
Photography Day/ World Humanitarian Day	August 19	-
Sadbhavana Diwas/ World Mosquito Day	August 20	-
Women's Equality Day/ International Dog Day	August 26	-
National Sports Day	August 29	-
Small Scale Industries Day	August 30	-
Non -Aligned Day	September 1	-
Japan Day/World Coconut Day	September 2	-

Skyscrapers Day	September 3	-
International Charity Day	September 5	-
Teacher's Day	September 5	-
International Literacy Day	September 8	Transforming Literacy Learning Spaces
International Physical Therapy Day	September 8	-
World Suicide Prevention Day	September 10	-
Hindi Diwas	September 14	-
Indian Engineers Day	September 15	-
World Ozone Day	September 16	Global Cooperation for Protecting Life on Earth
World Patient Safety Day	September 17	-
RPF Foundation Day	September 20	-
International Peace Day	September 21	End Racism, Build Peace
International Symbolic Language Day	September 23	-
World Environment Health Day	September 26	-
World Tourism Day	September 27	Rethinking Tourism
Shaheed-e-Azam Bhagat Singh Birthday / World Rabies Day	September 28	-
International Day of Older Persons/ International Vegetarian Day	October 1	-
International Non -violence Day	October 2	The End of Racism. The Establishment of Peace

International Nature Day	October 3	-
World Animal Welfare Day	October 4	Shared Planet
World Teacher's Day	October 5	The transformation of education begins with teachers.
Indian Air Force Day	October 8	-
World Post Day	October 9	-
International Mental Health Day	October 10	-
National Postal Day	October 10	Post for Planet
International Day of the Girl Child	October 11	-
International Day for Disaster Risk Reduction	October 13	-
World Students Day	October 15	-
World Food Day	October 16	Leave No One Behind
World Statistics Day	October 20	-
National Police Memorial Day	October 21	-
National Ayurveda Day 2022	October 23	-Har Din Har Ghar Ayurveda
UN DAY	October 24	
International Internet Day	October 29	-
National Unity Day	October 31	-
World Tsunami Day	November 5	-
Infant Safety Day /National Cancer Awareness Day	November 7	-
World Science Day 2022	November 10	-
National Education Day	November 11	-
World Kindness Day	November 13	-

Children's Day	November 14	-
World Diabetes Day	November 14	Access to Diabetes Education
Tribal Pride Day	November 15	-
World Toilet Day/ World Men's Day	November 19	-
Universal Child Day	November 20	-
National Law Day / Constitution Day	November 26	-
World AIDS Day	December 1	-
International Day for the abolition of Slavery Elimination/ World Computer Literacy Day	December 2	-
International Day of Persons with Disabilities	December 3	-
Indian Navy Day	December 4	-
World Soil Day	December 5	-
Civil Defence Day	December 6	-
Armed Forces Flag Day	December 7	-
International civil aviation day	December 7	-
International Human Rights Day	December 10	Dignity, Freedom and Justice for All
International Mountains Day	December 11	-
National Energy Conservation Day	December 14	-
Vijay Diwas	December 16	-
International Migrants Day/ National Minorities Day	December 18	-
World Human Unity Day	December 20	-

National Math Day	December 22	-
National Farmers Day	December 23	-
National Consumer Day	December 24	-
Good Governance Day	December 25	-
Veer Bal Diwas	December 26	-
International Day of Epidemic Preparedness	December 27	-

### Some Important Weeks

#### ROAD SAFETY WEEK

**January 11-17, 2023**

**Theme:** Our Aim - Zero harm

#### NATIONAL PRODUCTIVITY WEEK

**March 12-18**

**Theme:** Productivity Green Growth and sustainability : Celebrating India's G20 Presidency.

#### NATIONAL NUTRITION WEEK

**September 1-7, 2022**

**Theme :** World Of Flavors

**August 1-7, 2022**

**Theme :** Protect Breast Feeding A Shared Responsibility

#### WORLD IMMUNIZATION WEEK

**April 24-30, 2022**

**Theme:** Long life for all

#### WORLD WATER WEEK

**August 23 to September 1, 2022**

**Theme:** Seeing the Unseen - The Value of Water

#### VIGILANCE AWARENESS WEEK

**October 31 to November 6, 2022**

**Theme:** Corruption Free India - Developed India

#### GOOD GOVERNANCE WEEK

**December 20-26, 201**

**Theme:** Administration Towards Village

#### WORLD SPACE WEEK

**October 4-10, 2022**

**Theme:** Space and Sustainability

#### NATIONAL WILDLIFE WEEK

**October 2-8, 2022**

#### SAFE MOTHERHOOD WEEK

**October 15-21, 2022**