- **1.** Gland which is major regulator of metabolism and development process is :-
  - (1) Pituitary gland
  - (2) Thyroid gland
  - (3) Pineal gland
  - (4) Adrenal gland
- **2.** Position of thyroid gland is :-
  - (1) At upper side of Larynx
  - (2) On eitherside of trachea
  - (3) At junction of trachea & Larynx
  - (4) (2) & (3) both
- **3.** Storage of iodothyronine occurs into :-
  - (1) Connective tissue band of thyroid gland
  - (2) Inside the thyroid follicular cell
  - (3) In blood stream
  - (4) Extra cellular space of thyroid gland
- **4.** Gland which is neuroectodermal in origin?
  - (1) Thymus gland
  - (2) Thyroid gland
  - (3) Adrenal cortex
  - (4) Posterior pituitary gland
- **5.** Find out the correct match :-
  - (1) Insulin Hyperglycemic effect
  - (2) STH Hypoglycemic effect
  - (3) Epinephrine Hyperglycemic effect
  - (4) Thyroxine Decrease amino acid up take
- **6.** Cancer of pituitary gland generally causes which of the following:-
  - (1) Vision problems
  - (2) Hearing problems
  - (3) decreaes insulin secretion
  - (4) More PRL secretion
- **7.** Which of the following hormone functions through generating second messengers?
  - (1) Iodothyroglobulin
  - (2) Estrogen
  - (3) Adrenaline
  - (4) Estradiole

- **8.** Which of the following is not related with pineal gland?
  - (1) Defense capability
  - (2) RBC formation
  - (3) Menstrual cycle regulation
  - (4) Pigmentation
- **9.** Which of the following is true for thyroid gland?
  - (1) Thyroid lobes are connected through non glandular isthmus
  - (2) Intracellular hormone storage is unique to thyroid
  - (3) Thyroxine derived from arginine amino acid
  - (4) 'C' cells are major constituent of thyroid gland increase Ca<sup>+2</sup> in ECF.
- **10.** Thyroid gland secretes hormone mostly in the form of :-
  - (1) TSH (2) Tri-iodothyronine
  - (3) Tetra iodothyronine (4) Calcitonin
- **11.** Gland which helps in development of immune system of body:-
  - (1) Adrenal gland
- (2) Thyroid gland
- (3) Thymus gland
- (4) Pituitary gland
- **12.** Which of the following hormone stimulates breakdown of glycogen and increases blood glucose concentration?
  - (1) Hormone of  $\beta$ -cell of pancreas
  - (2) Hormone of adrenal medulla
  - (3) Hormone of parathyroid
  - (4) Hormones of pineal gland
- **13.** Find out the incorrect match :-
  - (a) PTH Decreases Ca<sup>+2</sup> absorption from intestine
    - (b) Adrenaline Piloerection
    - (c) Glucocorticoids Immune system supression  $\,$
    - (d) Melatonin T-cell differentiation
    - options:-
    - (1) (a), (b)
- (2) (b), (c)
- (3) (a), (c)
- (4) (a), (d)
- 14. Which one regulates growth of mammary glands?
  - (a) PRL
- (b) Estrogen
- (c) Progesteron
- (d) Adrenalin
- options :-
- (1) a, b,d
- (2) a, b, c
- (3) a, c, d
- (4) b, c, d

- 15. Diurnal rhythms of human body are related with
  - (1) Adrenaline
- (2) Cortisol
- (3) Melatonin
- (4) Thymosin
- **16.** Which one is actually synthesized in hypothalamus?
  - (1) Cortisol
- (2) Oxytocin
- (3) ACTH
- (4) STH
- 17. Find out the correct match:
  - (1) Oxytocin Milk synthesis
  - (2) FSH Maintains corpus luteum
  - (3) Thyroxine Requires  $I_2$  and glycin
  - (4) Vasopressin Transport through neural axon
- **18.** Which one supports red blood cell formation?
  - (a) Thyroxine
- (b) Cortisol
- (c) PTH
- (d) ACTH
- (1) (c), (d)
- (2) (b), (d)
- (3) (a), (b)
- (4) (b), (c)
- 19. Hormones of fight and flight are :-
  - (1) Cortisol and adrenaline
  - (2) Only adrenaline
  - (3) Adrenaline and noradrenaline
  - (4) Insulin and glucagon
- **20.** Which of the following hormones helps in duct formation in mammary gland
  - (1) Testosterone
- (2) Progesterone
- (3) Estrogen
- (4) LH

- 21. Hormone is:-
  - (1) Non nutrient chemical
  - (2) Intercellular messengers
  - (3) Produced in traces
  - (4) All of these
- **22.** Which one is not an organised endocrine gland of human body?
  - (1) Pancreas
- (2) Pituitary gland
- (3) Adrenal gland
- (4) Kidney
- **23.** Vigorous contraction of uterus at time of delivery is regulated by activity of :-
  - (1) Adrenal cortex hormone
  - (2) Anterior pituitary hormone
  - (3) Posterior pituitary hormone
  - (4)  $\alpha$ -cell of pancreas
- **24.** Which one is secreted from hypothalamus and inhibits mitotic divisions of bones?
  - (1) Growth hormone
- (2) Thyroxine
- (3) Cortisol
- (4) Somatostatin
- 25. Hypothalamic portal system regulates activity of :-
  - (1) Medulla of adrenal gland
  - (2) Pancreatic acini
  - (3) Adenohypophysis
  - (4) Melatonin secreting cells

	ANSWERS KEY																			
Que.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Ans.	2	4	4	4	3	1	3	2	1	3	3	2	4	2	3	2	4	3	3	3
Que.	21	22	23	24	25															
Ans.	4	4	3	4	3															